



# Patient Information Sheet

## Faecal Occult Blood Test

### No appointment is necessary for this test

Your doctor has referred you to have Faecal occult blood test. This test is useful in detecting whether blood (which may not be visible to the eye) is present in your faeces.

Collection kits are available from your nearest Collection Centre.

### Do not collect a sample if you have any of the following conditions:

- Menstrual bleeding,
- Bleeding haemorrhoids,
- Constipation bleeding, and/or
- Urinary bleeding.

### Instructions

- Collect a random sample of faeces in a clean dry container (e.g. an empty ice cream container). Please urinate first to avoid getting urine in the faeces.
- Transfer faeces to the small tube. To do this, unscrew the green end of this tube and remove the applicator stick. Be careful not to spill the solution from the tube.
- Collect the sample by introducing the applicator stick into a 5 or 6 different sites of the faecal sample.
- Place the applicator stick back into the tube and screw the cap tightly. Be careful not to break the top of the cap.
- Shake the tube vigorously to mix the specimen and the transport liquid.
- Please discard the ice cream container and tissue and carefully wash your hands.
- Faeces is to be collected once per day, in separate tubes, for three days.
- Store the tubes at room temperature until all the series are complete and return to a Capital Pathology Collection Centre within 7 days.

**NOTE:** If other tests such as Culture, OCP, viruses or reducing substances are also requested a separate faeces sample is required to be collected in a brown top faeces container.

---

For further information or to make an appointment, please contact your nearest Collection Centre

Updated Collection Centre details may be found:

- On the reverse of your request form
- Website: [www.capitalpath.com.au](http://www.capitalpath.com.au)
- Phone: 02 6285 9800

