



Patient Information Sheet

Urine Collection - 24 Hour Urine

No appointment is necessary for this test

Your doctor has referred you to have a 24-Hour urine test.

- If your test includes a 24 hour Creatinine Clearance, please write your height and weight on the bottle in the space provided.
- When beginning the 24 hour urine test, please empty your bladder into the toilet.
- Record on the 24 hour urine bottle the time and date you passed this urine. This is the start time.
- Collect all urine after this time for the next 24 hours into the small container and transfer to the large 24 hour bottle.
- Please keep your specimen cool throughout the 24 hour period, preferably in your refrigerator.
- At the end of 24 hours write the date and time on the 24 hour urine bottle. This is the finish time.
- Some bottles may contain additives, please do not tip these additives out and take care not to spill contents on your skin. Keep in a safe place away from children.
- Deliver 24 hour bottle in a plastic bag to your most convenient Collection Centre as soon as possible.

It is essential that all urine is collected during the 24 hour period. If at any time during the collection a spillage occurs or a collection is missed, the test may need to be re-commenced. Please let the collection staff know and they will determine if a re-test is required.

PLEASE NOTE: You may be required to have a blood specimen and your collector will advise you if this is necessary. The 24 hour urine **MUST** be collected within 48 hours of having had your blood specimen taken.

For further information or to make an appointment, please contact your nearest Collection Centre

Updated Collection Centre details may be found:

- On the reverse of your request form
- Website: www.capitalpath.com.au
- Phone: 02 6285 9800