



Patient Information Sheet

Electrocardiogram (ECG)

No appointment is necessary for this test (but is preferred)

Your Doctor has referred you to have an ECG.

What is an electrocardiogram?

An electrocardiogram (ECG) records the electrical activity of the heart. The heart produces tiny electrical impulses which spread through the heart muscle to make the heart contract. These impulses can be detected by the ECG machine. You may have an ECG to help find the cause of symptoms such as palpitations or chest pain. Sometimes it is done as part of routine tests - for example, before you have an operation.

The ECG test is painless and harmless. (The ECG machine records electrical impulses coming from your body - it does not put any electricity into your body.)

What is required?

The collection staff will need to record any medication you take that might affect your heart and they will require your height and weight, if you are unsure the rooms have the facilities to measure and weigh you.

How is it done?

Small sticky electrodes are stuck on to your arms, legs and chest. Wires from the electrodes are connected to the ECG machine. The machine detects and amplifies the electrical impulses that occur at each heartbeat and records them on to a paper or computer. A few heartbeats are recorded from different sets of electrodes. The test takes about five minutes to do.

What does an electrocardiogram show?

The electrodes on the different parts of the body detect electrical impulses coming from different directions within the heart. There are normal patterns for each electrode. Various heart disorders produce abnormal patterns. The heart disorders that can be detected include:

- Abnormal heart rhythms. If the heart rate is very fast, very slow, or irregular. There are various types of irregular heart rhythm with characteristic ECG patterns.
- A heart attack (myocardial infarction), and if it was recent or some time ago. A heart attack causes damage to heart muscle, and heals with scar tissue. These can be detected by abnormal ECG patterns.
- An enlarged heart. Basically, this causes bigger impulses than normal.

For further information or to make an appointment, please contact your nearest Collection Centre

Updated Collection Centre details may be found:

- On the reverse of your request form
- Website: www.capitalpath.com.au
- Phone: 02 6285 9800