



Patient Information Sheet

Dexamethasone Suppression Test

An appointment is necessary for this test

Your doctor has referred you to have a Dexamethasone Suppression test.

This test involves having a baseline blood sample taken the first morning, taking 1mg of Dexamethasone tablets at night, and having a second blood sample collected the next morning.

Prior to Blood Collection

Please visit the collection Centre prior to having the blood collected so the staff can see the referral, order the medication if required and make an appointment prior to attending for blood collection.

Day 1

Please have your baseline blood test taken between 8 and 9 am at your most convenient collection centre.

1mg of Dexamethasone is supplied by Capital Pathology. This is packaged as two 0.5mg tablets.

Please take the two tablets at 11 pm on Day 1.

Day 2

Please attend your most convenient collection centre to have a second blood test taken between 8 and 9 am.

No appointment for this test is necessary; however please make yourself known to collection staff as your blood specimen needs to be taken between 8 and 9 am.

Dexamethasonemg taken at hours

Patient Name/Signature:

For further information or to make an appointment, please contact your nearest Collection Centre

Updated Collection Centre details may be found:

- On the reverse of your request form
- Website: www.capitalpath.com.au
- Phone: 02 6285 9800

