



Patient Information Sheet

Helicobacter Breath Test

An appointment is necessary for this test

Your doctor has referred you to have a Helicobacter Breath Test

This test reports the likelihood of the presence of the Helicobacter pylori bacteria, which may cause gastritis, reflux or peptic ulcer.

The capsule used during this procedure is safe during pregnancy and breastfeeding.

The C14 Urea Breath Test is a painless and non-invasive procedure that takes approximately 15 minutes to complete.

Preparation

- Nil by mouth for **SIX** hours. ***You must not take any food, water, medications, smoke, clean your teeth or apply lip balm / lipstick for this period.*** Results will not be accurate if there is anything in your stomach or mouth.
- Cease the following medications **four weeks** before testing: Antibiotics e.g. Amoxil, Alphamax, Cilomox, Moxacin.
- Cease the following medications **two weeks** before testing: Cytoprotectants e.g. Sucralfate (SCF), Carafate or Ulcyte
- Cease the following medications **one week** before testing: Proton - pump inhibitors e.g. Losec, Zoton, Somac.
- Allow 15 minutes to complete the procedure on the day of the test.

If you have any concerns about ceasing your medications, please discuss these with your referring doctor.

For further information or to make an appointment, please contact your nearest Collection Centre

Updated Collection Centre details may be found:

- On the reverse of your request form
- Website: www.capitalpath.com.au
- Phone: 02 6285 9800

